

## Area Agency on Aging of the Concho Valley

If **YOU** are **60 years of age or older** **OR** serve as **an informal Caregiver for a loved one who is 60 years of age or older** and need help **or** have questions with the following:

- Help with paying Rent, Mortgage or Utilities (electric, gas, water)
- Help with groceries, medications, or medical equipment
- Short-term assistance with light housekeeping, meal prep, bathing, dressing, or similar matter
- Seeking assistance with home repairs to ensure safe and secure housing to remain living independently in the community
- Assistance with accessing transportation services
- Respite services for Caregivers (allowing a break)
- Certified Benefits Counselors can help address questions regarding: Medicare, New to Medicare, Medicare Part D, assist with creating a living will and a medical power of attorney
- Resident rights for those who reside in nursing or assisted living facilities

Call **325-223-5704 x 223** OR  
**1-877-944-9666 x 223** to speak with an Information Specialist  
OR submit an online referral at [www.cvcog.org](http://www.cvcog.org)

At times, there may be high demand for certain services, so priority may be given to those who:

- Have recently experienced a major illness or health care crisis
- Have recently been hospitalized and need additional attention while recovering at home
- Reside in a rural area
- Are moderately to severely impaired in activities of daily living
- Have insufficient caregiver support
- Are in great economic or social need, particularly low-income, minority older persons.

An Information Specialist is available Monday – Friday 8am – 5pm.

Leave a voicemail or submit an online referral 24/7.

Depending on demand our staff may return calls after 5pm and on weekends.

Please leave your name and phone number, if you reach voicemail, and your call will be returned **within 24 hours**.

A Program of the Concho Valley Council of Governments  
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Coke, Concho, Crockett, Irion, Kimble, Mason, McCulloch, Menard, Reagan, Schleicher, Sterling, Sutton and Tom Green

